

(May peace & blessings of Allah(swt) be on all you)

## STEP GENTLY

وَلَا تُصَعِّرْ خَدَّكَ لِلنَّاسِ وَلَا تَمْشِ فِي الْأَرْضِ مَرَحًا إِنَّ اللَّهَ لَا يُحِبُّ كُفْرًا  
مُخْتَالٍ فَخُورٍ 31:18 وَأَقْصِدْ فِي مَشْيِكَ وَاغْضُضْ مِنْ صَوْتِكَ إِنَّ أَنْكَرَ

الْأَصْوَاتِ لَصَوْتُ الْحَمِيرِ 31:19



And turn not thy cheek away from people in [false] pride, and walk not haughtily on earth: for, behold, God does not love anyone who, out of self- conceit, acts in a boastful manner (18)

Hence, be modest in thy bearing, and lower thy voice: for, behold, the ugliest of all voices is the [loud] voice of asses (19)

**(Al Quran Chapter 31 Verse 18-19)**

feel the purpose to understand  
it's not only about the way you walk or talk  
it's about the attitude, it's about your inner most feelings  
you surely know what you are forbidden from

life is a distance in time that you have to go through  
Step gently on every second to reach to the one where it ends